

FRENCH FITNESS

FF-RR-WBTA

FRENCH FITNESS RACK & RIG WALL BALL
TARGET ATTACHMENT

ASSEMBLY MANUAL



DESCRIPTION

Improves your focus and accuracy, great for HIIT training, core exercises and cardiovascular improvement.

Designed to fit our Racks/Cages/Rigs:

- [French Fitness DHR80 Double Half Rack](#)
- [French Fitness SHR80 Single Half Rack](#)
- [French Fitness Tahoe Power Cage / Full Rack](#)
- [French Fitness Wall Mounted Foldable Squat Rack WMR10](#)
- [French Fitness Free Standing/Wall Mounted Rigs](#)

FEATURES

- **California Residents see Prop 65 WARNINGS**

WARRANTY

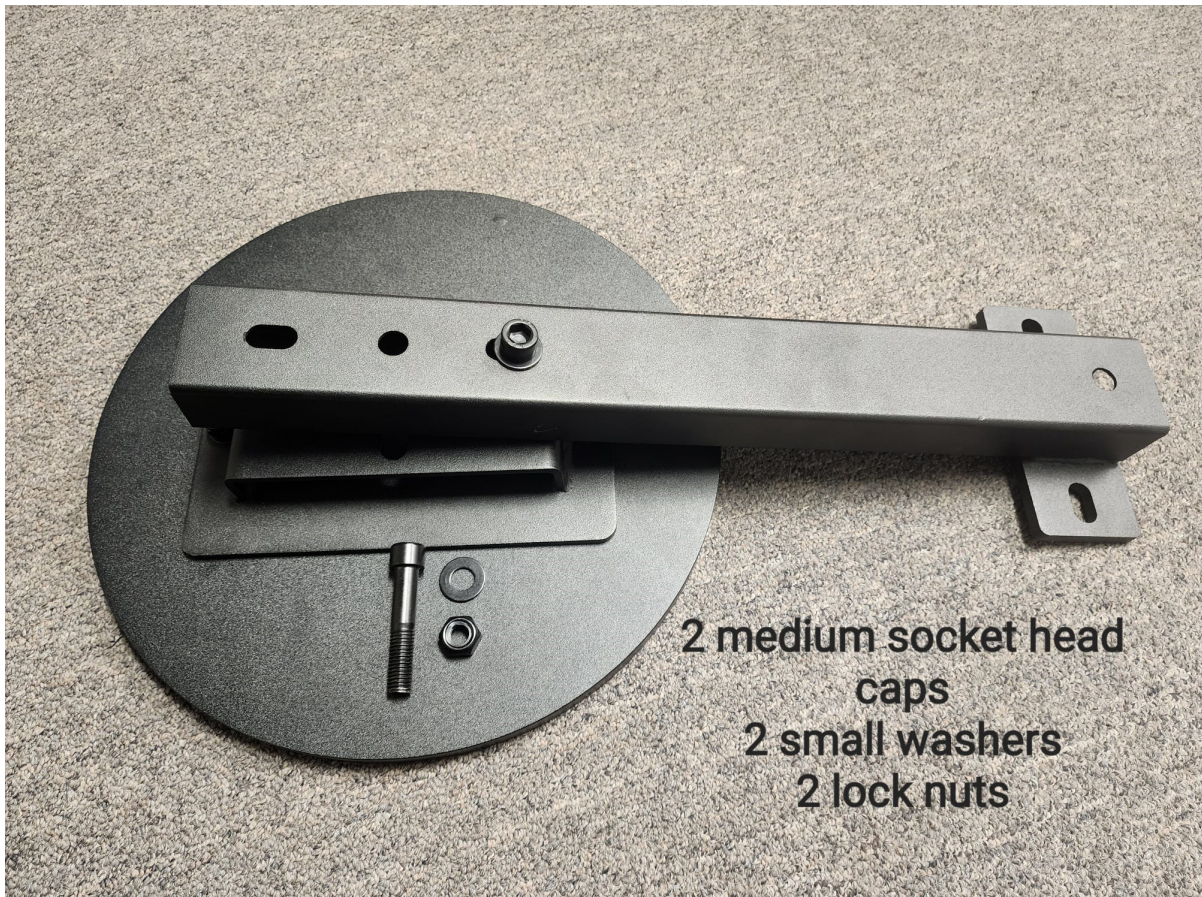
30 Days Against Defects



2 Flat head screws
2 Big washers



2 small washers
2 lock nuts



**2 medium socket head
caps**
2 small washers
2 lock nuts



Mounting hardware:
2 long socket head
caps
2 big washers
2 lock nuts



**Hardware in this photo
are extra**

